

TIME ZONE (WEST TO EAST) Start of 30-min block					
AKDT	PDT	MDT	CDT	EDT	ADT
6:00	7:00	8:00	9:00	10:00	11:00
6:30	7:30	8:30	9:30	10:30	11:30
7:00	8:00	9:00	10:00	11:00	12:00
7:30	8:30	9:30	10:30	11:30	12:30
8:00	9:00	10:00	11:00	12:00	13:00
8:30	9:30	10:30	11:30	12:30	13:30
9:00	10:00	11:00	12:00	13:00	14:00
9:30	10:30	11:30	12:30	13:30	14:30
10:00	11:00	12:00	13:00	14:00	15:00
10:30	11:30	12:30	13:30	14:30	15:30
11:00	12:00	13:00	14:00	15:00	16:00
11:30	12:30	13:30	14:30	15:30	16:30
12:00	13:00	14:00	15:00	16:00	17:00
12:30	13:30	14:30	15:30	16:30	17:30
13:00	14:00	15:00	16:00	17:00	18:00
13:30	14:30	15:30	16:30	17:30	18:30
14:00	15:00	16:00	17:00	18:00	19:00
14:30	15:30	16:30	17:30	18:30	19:30
15:00	16:00	17:00	18:00	19:00	20:00

GENERAL SCHEDULE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NAOC 101	Paper Session	Paper Session	Paper Session	Paper Session
	INVITED SPEAKER				
Workshops	WELCOME KEYNOTE	PLENARY	PLENARY	PLENARY	PLENARY
Workshops	Paper Session	Paper Session	Paper Session	Paper Session	Paper Session
	RT/ Networking	RT/ Networking	RT/ Networking	RT/ Networking	Events
					INVITED SPEAKER
	Opening Events	Poster Session	Poster Session		Closing Events

<https://www.timeanddate.com/time/map/>