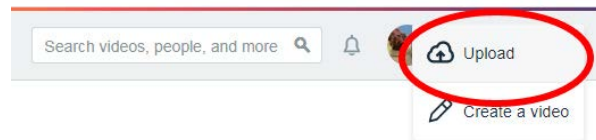
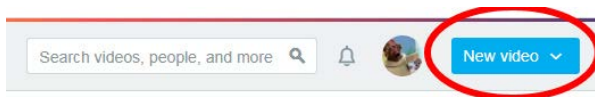




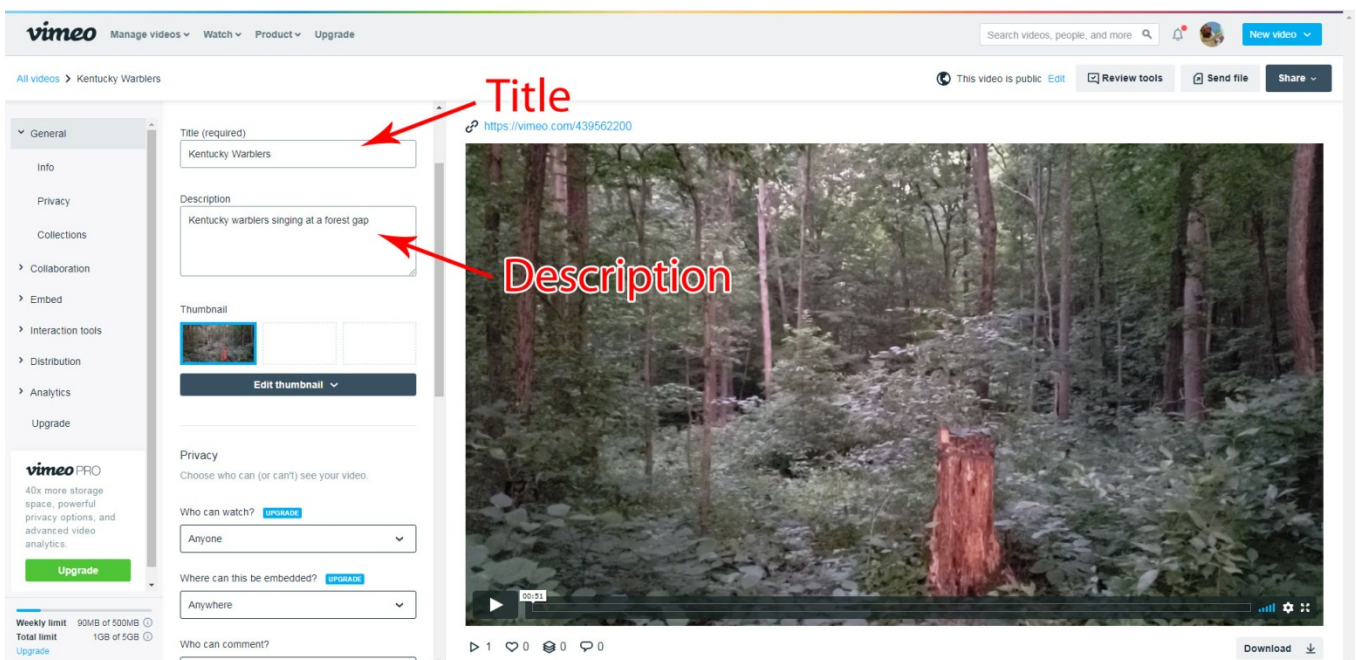
Red-capped Manakin (*Ceratopira mentalis*) – Marcelo Corella / Macaulay Library at the Cornell Lab of Ornithology ([ML94887831](https://ml94887831))

Instructions for uploading videos to Vimeo

- 1) Create a free account at [Vimeo.com](https://vimeo.com)
- 2) Once you are logged in to your account, click “New video” and “upload” at the top right corner of the screen



- 3) Upload your video by drag-and-drop or click the blue button to browse for the file on your computer. Note, when using a free Vimeo account, your video file must be 500 MB or smaller.
- 4) Edit the settings of your video to give it a name and description. If for some reason you cannot change these details during the upload process, you can click the “settings” button



- 5) Once you have saved your video settings, copy the link to the video (above the video preview in the screenshot above) to use in your entry form: <https://forms.gle/LPWFMVroY7nwXhHdA>. That’s it!